

How to Set School Meal Account Restrictions

AISD offers students a variety of healthy à la carte Smart Snacks sold in the cafeteria.

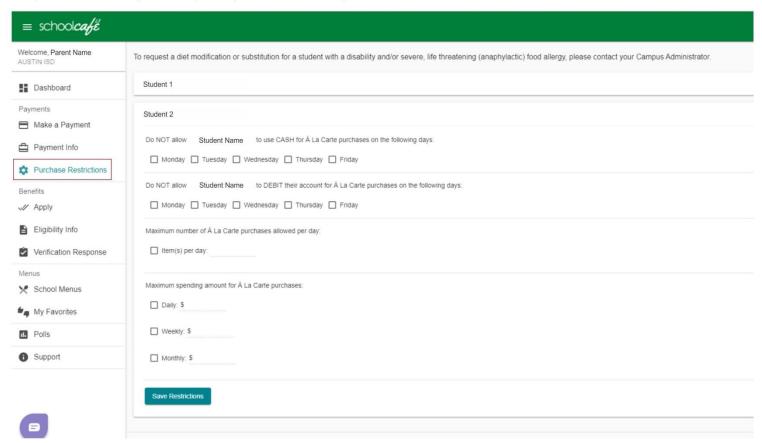
Smart Snacks Standards are a federal requirement for all foods sold outside the National School Lunch Program and School Breakfast Program.

To qualify as a Smart Snack, the item must meet the following general nutrition standards:

- Contains 50 percent or more whole grains by weight (whole grain listed as the first ingredient);
- the first ingredient is a fruit, vegetable, dairy product or protein food;
- contains at least one-quarter cup fruit and/or vegetables or
- meets nutrient standards for calories, sodium, sugar and fats.

Parents may set Smart Snack restrictions on a student's account at any time the following ways:

- 1.) Contact your café manager to make any restrictions.
- 2.) Set restrictions on each student's account through SchoolCafé.
 - Through SchoolCafé, families may also make pre-payments, view daily menus, nutritional information and allergens, as well as apply for free or reduced-price meals.
 - Visit www.schoolcafe.com/austinisd and follow the steps to create an account.
 - Once an account is created, parents may set restrictions through SchoolCafé by clicking the "Purchase Restrictions" option under "Payments" (example shown below).



Questions? Click the "Contact Us!" button at www.schoolcafe.com/austinisd.