



AISD offers students a variety of healthy à la carte Smart Snacks sold in the cafeteria.

Smart Snacks Standards are a federal requirement for all foods sold outside the National School Lunch Program and School Breakfast Program.

To qualify as a Smart Snack, the item must meet the following general nutrition standards:

- Contains 50 percent or more whole grains by weight (whole grain listed as the first ingredient);
- the first ingredient is a fruit, vegetable, dairy product or protein food;
- contains at least one-quarter cup fruit and/or vegetables or
- meets nutrient standards for calories, sodium, sugar and fats.

Parents may set Smart Snack restrictions on a student's account at any time the following ways:

1.) Contact your café manager to make any restrictions.

2.) Set restrictions on each student’s account through SchoolCafé.

- Through SchoolCafé, families may also make pre-payments, view daily menus, nutritional information and allergens, as well as apply for free or reduced-price meals.
- Visit www.schoolcafe.com/austinisd and follow the steps to create an account.
- Once an account is created, parents may set restrictions through SchoolCafé by clicking the “Purchase Restrictions” option under “Payments” (example shown below).

The screenshot shows the SchoolCafé interface. On the left is a navigation menu with 'Purchase Restrictions' highlighted. The main content area contains a form for setting restrictions. At the top, it says 'Welcome, Parent Name AUSTIN ISD'. Below that is a disclaimer: 'To request a diet modification or substitution for a student with a disability and/or severe, life threatening (anaphylactic) food allergy, please contact your Campus Administrator.' The form is divided into sections for 'Student 1' and 'Student 2'. For each student, there are two sections: one for 'Do NOT allow Student Name to use CASH for À La Carte purchases on the following days:' and another for 'Do NOT allow Student Name to DEBIT their account for À La Carte purchases on the following days:'. Each section has checkboxes for Monday through Friday. Below these are fields for 'Maximum number of À La Carte purchases allowed per day:' and 'Maximum spending amount for À La Carte purchases:' with options for Daily, Weekly, and Monthly. A 'Save Restrictions' button is located at the bottom of the form.

Questions? Click the “Contact Us!” button at www.schoolcafe.com/austinisd.